

CLASS: 7

ENGLISH

LESSON: 2

## Fallacies about Food

### Ex-A

1. Meaning in context

- a. fleet
- b. cannibals
- c. civilized
- d. substitute
- e. foundation
- f. curdle
- g. indigestible
- h. proteins
- i. carbohydrates
- j. foolish

2. Explain each expression

- a. very fond of somebody
- b. numerous
- c. famous everywhere
- d. food which is useful for brain.
- e. a bad thing to do
- f. deal with
- g. common

- h. really
- i. harmful mixture
- j. useful for health

### Ex-B

Choose the best answers.

1.

Ans. that one would be brave if one ate enemies who were brave.

2.

Ans. They believed that tomatoes were poisonous.

3.

Ans. better for the brain than any other kind of food.

4.

Ans. helps in digestion of food.

### Ex-C

Q.1

Ans. Cannibalism is the practice of eating the flesh of one's own kind. According to the author, cannibalism might have started from the belief that one could become brave after

eating an enemy who had shown  
bravery in a fight.

Q.2-

Ans. It was once believed that ginger  
root and tomatoes had magical  
powers. Ginger root was supposed  
to be able to improve the memory  
and tomatoes were believed to  
be also make people who ate  
them all fall in love.

Q.3

Ans. She says that fish is good  
for brain just as it is good  
for muscles, skin and bones etc.  
She also point out that no one  
has been able to prove that fish  
is better for brain than many  
other kinds of food.

Q.4

Ans. The reason given for the belief  
that orange juice and milk should  
never be drunk at the same  
meal that the acid in the  
orange juice would make the  
milk curdle and become indigestible.

-table. But it is false because stomach make it digestable.

Q.5-

Ans. The idea is fallacious because many items of food, for example bread and milk contain both proteins and carbohydrates and yet they are considered as good wholesome food.

Q.6

Ans. Her intension is to dispel mistake ideas or beliefs about food which may have affected the diet of many people.

